



Gain support & empowerment to help yourself and your loved ones through the struggles of substance use disorder.

Everyone is welcome!

Questions?

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FRIENDS & FAMILY

Harm Reduction Works (HRW)

The weekly meeting is free and open to everyone!

- ways to help your loved one
- ways to help yourself
- substance use & dependency
- coping skills
- share resources
- mutual support

Tuesdays
@6:30pm EST

ONLINE ZOOM MEETING LINK:
<https://zoom.us/j/158207944>